**What to do in North Tyneside when you identify a Young Carer**

Young Carer identified through an EHA / Statutory Assessment

A young person appears be a Young Carer or may be planning on providing care

For information and advice at any stage of this pathway and/or regarding Young Carers contact [YoungCarerAssessment@northtyneside.gov.uk](mailto:YoungCarerAssessment@northtyneside.gov.uk)

Review Action Plan with the Young Carer

* 6 weekly where there are inappropriate levels or excessive levels of care
* 6 monthly where there are low levels of care

Read Young Carers Guidance:

https://my.northtyneside.gov.uk/sites/default/files/web-page-related-files/YCNA%20Guidance%20leaflet.pdf

Send the Young Carers Needs Assessment to [youngcarerassessment@northtyenside.gov.uk](mailto:youngcarersassessment@northtyenside.gov.uk) to be logged

**Important**

Consider Safeguarding and Child in Need where there are inappropriate levels or excessive levels of care.

The roll of professionals is to remove of reduce inappropriate levels or excessive levels of care.

Consideration needs to be given to transition assessments when children are approaching adulthood

Complete the Young Carers Needs Assessment with the young person.

Make sure the Young Person is asked who they want to be present and that their trusted person is present when the Young Carers Needs Assessment is done.

Develop the action plan with the Young Carer.

If you have put all support available in place and the Young Carer is still struggling complete a referral to the North Tyneside Carers Centre

Know / find out what is available for Young Carers

You are responsible for developing the action plan with the young person and seeing through the actions with them

Have a conversation with the young person and their parent/s. **Note;** parents must be involved and their perspective gained.

Talk about the benefits of a Young Carers Assessment and offer to complete one with the family

If the young person says they do not want their parents to know about getting a YCNA 1-1 work must be done with them to get them to a position where they are comfortable involving them

Conversation with the young person to unpick what is happening for them, how they feel and the impact on them.