

Meet the therapeutic team and learn more about them

Counsellors

- DDP – Level 1 & 2, trainee practitioner
- Integrative Counselling
- Counselling Supervisor
- Person-centred Counselling

Occupational Therapist

- Sensory Attachment Level 1
- Sensory Integration

Educational Psychologists

- Theraplay (Practitioners, Supervisor and Trainer)
- VIG Practitioner
- Thrive and Family Thrive (Practitioners and Trainers)
- Therapeutic Parenting
- DDP Level 1
- Attachment Lead

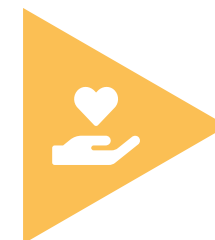
Teachers

- Thrive Practitioners
- Drawing and Talking (Advanced)
- Group Theraplay
- Attachment Lead
- Low Arousal



The HIVE Team Therapeutic Support

Emotional
Well being



“Every Interaction is an Intervention”

Dr Karen Treisman

We all have a role to play in supporting the emotional needs of the children and young people we work with but some children need a more specialist approach to help them deal with past traumas, loss and to strengthen the relationships in their network.

The HIVE Team have a range of professionals trained in evidence-based approaches that we know can benefit our children and young people.

For more advice, information and referral details please go to our website:

www.nthive.org.uk

The HIVE Team base their therapeutic approach on The Neurosequential Model by Dr Bruce Perry. This is a developmentally sensitive, neurobiologically informed approach to therapeutic work. It is a comprehensive and integrated approach to the child or young person and their network.

Part of Brain	Presenting Behaviour of Child or Young Person	Purpose of Support	Support / Intervention / Resources available	Assessment Tools
Third Foundation Neo-Cortex Thinking, learning, language and inhibiting	- Relationships with adults and peers in network in need of strengthening - Life story not understood - Child / Young person unsure of their identity - Appears in need of addressing past trauma, losses and bereavements	- Strengthen relationships and build a safe network to support into adulthood. - Increase understanding of life experiences and create clearer sense of self. - Reduce sense of shame from past experiences - Improve sense of self-efficacy - Improve peer relationships - Improve ability to access learning and plan for future	- Dyadic Developmental Psychotherapy (DDP) - Therapeutic Life Story Work - Counselling - Group Therapy - Drawing and Talking	Strengths and Difficulties Questionnaire School Resilience Survey Three Houses Children's Impact of Events Scale (CRIES-8) Stirling Children's Wellbeing Scale (SCWBS)
Second Foundation Limbic Attachment and Emotional Development	- Adults around child (parent / carer / school staff) need support to mentalise / co-regulate - Child / young person struggling to form secure attachments - Adult around child / young person needs support to regulate own emotions	- For parent / carers / school staff to be able to provide a secure base - Increase ability of adult to co-regulate and mentalise - Enhance attachments at home or school - Improve ability to access learning	- Theraplay - Thrive (Individual and Family) - Therapeutic Parenting - Team Pupil - Supervision - Video Interaction Guidance - Human Givens Approach - Dyadic Developmental Psychotherapy (DDP) - States Continuum Consultation	Strengths and Difficulties Questionnaire KINDL-R (Kiddy, Kiddo & Kid) Rope Hold Me and My Home / School Three Houses Brief Parental Self-Efficacy Scale Kim's Flowers Adult Attachment Assessment Marshak Interaction Method Assessment
First Foundation Reptilian Brainstem / Primitive brain Sensory motor input and Survival	- Often in survival mode fight / flight / freeze - Has difficulties regulating emotional responses - Instability at home or education	- Enhance sense of safety - Encourage and support co-regulation with adult - Increase stability at home and / or school	- Sensory Attachment Intervention approaches - Therapeutic Parenting - Theraplay - Thrive - The Key Programme 'In Balance Together' programme - Trauma related skill-building sessions	Occupational Therapist Sensory assessment Fagus assessment Thrive assessment Brief Parental Self-Efficacy Scale Me and My Home / School Marshak Interaction Method Assessment