

Safety Circle

Name/photo/drawing of family members

Who are the people who support you the most?
Who do the children feel most connected to?
Who already knows everything that happened?

Who are the people who you don't ask for support from but maybe could in the future?
Who are the people who don't support you and maybe make things harder for you and your family?
Who are the people in your life who don't know anything about the hard things you've been dealing with?

Who are the people who support you a little?
Who do the children feel some connection with?
Who already knows a little bit about the hard things you've been dealing with?

