# **Operation Veteran HQ**

## **Specialised Support Service Offered**

- 1. Addressing Isolation & Loneliness
- 2. Physical & Mental Health & Wellbeing
- 3. Information, Advice & Guidance

#### **Additional Support Services Offered:**

Operation Veteran has direct connections with external organisations who provide focussed support for Housing, Substance misuse, probation, mental health, sporting activities, employment & training.

We also offer a weekly drop in for all veterans and their families, a fortnightly beach walk with breakfast sandwich and refreshment, trips, events and activities and breakfast clubs. All services are free at point of use to veterans and their spouses.

Our premises have become a focal point in North Tyneside for celebrating Armed Forces Day, Falklands Memorial, Remembrance Day, usually with a service delivered by the Operation Veteran Padre and followed by a free reception at Operation Veteran HQ.

#### **How to Self-Refer:**

Present at Operation Veteran HQ - Walk in

Through the website – <u>www.operationveteran.co.uk</u>

Access the Facebook page – Operation Veteran

### **Contact Details**

Address: 38 Nile Street, North Shields, NE29 OBB

Phone Number: 07500333430

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Website: <a href="mailto:www.operationveteran.co.uk">www.operationveteran.co.uk</a>