**North Tyneside Autism Strategy 2021/26**

**Delivery Plan Overview**

| **Theme** |  | **2021/22****1st Oct 2021 to 30th Sept 2022**  | **2022/23****1st Oct 2022 to 30th Sept 2023** | **2023/24****1st Oct 2023 to 30th Sept 2024**  | **2024/25****1st Oct 2024 to 30th Sept 2025**  | **2025/26****1st Oct 2025 to 30th Sept 2026**  |
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| **Overview** | * Scott Woodhouse
 | * Governance arrangements in place
* Steering group will deliver on the plan and report as required
* With engagement from families, parent carers and people (Children and Adults) with Autism
 | * Update to H&W Board and Children’s Board
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 | * Review and update Autism Strategy
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| **Good Support** | * Leslie Davies, Julie Owen, Lisa Harvey, Sue Mullen, Jo Gilliland, WLD Team, Sue Wood, Claire Scarlett
 | * Agree the community offer for people with Autism or suspected to have Autism pre diagnosis and explore how we jointly work across health and social care within a multidisciplinary model of service delivery
* Enhance information and advice offer for people with Autism
* Disability support advisors to assist with employment issues
* Review housing options for individuals with Forensic needs
* Continue with support to providers re: COVID and vaccination roll out
* Develop the Autism workforce plan to inform the Integrated Care System in addition to place based workforce planning including working with Providers.
* Develop a training plan with a particular emphasis on changes to the MH act and LPS
* Working with CAMHS linked to register and CTR and CETR’s
 | * Crisis response and early intervention
* *Implement the Community Model for Autism*
* *Post diagnostic support for young people*
* *Review the support offer for parents and carers to meet needs*
* *Understand what support might look like with parents and families with them.*
* *Develop Autism Champions in schools and adult services and other services and employers*
* *Consider how Peer to Peer support can be enhanced and be made available e.g., building a network of families*
* *MDT support to care planning*
 | * Forensic pathway developed for those with Autism only
* Ensuring that there is additional support for autistic children in school holidays and after school.
 | * Develop specialist housing options
* Enhanced North Tyneside’s post 16 offer, to ensure we have the right provision and pathways for young people, which could result in more young people staying local for their post-16 provision.
* To continue to develop strong relationships with our local post 16 providers both within North Tyneside and with our neighbours we can offer a comprehensive range of courses, and work-based learning programmes. Aim to increase the links between our specialist and mainstream providers so that the range of available qualifications match the ambitions of the young people.
* Continue to ensure that our commissioned post-16 places are fit for purpose and match need.
 | * Learning from impact of Autism Champions to change practice.
* Help autistic people in the criminal justice system (National Autism Strategy)
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| **Understanding yourself** | * Jo Gilliland, WLD Team
 | * Peer support – develop networks
* Develop a system wide approach to identify and support young carers
* Support pathway for parent carers
 | * Workplan developed for assessable training across health and social care
* Survey of young carers with Autism
* Review transition arrangements for young people with Autism only
 |  |  | * Review of crisis support to Autistic people
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| **Raising awareness** | * Jo Gilliland, WLD Team
 | * Produce a set of principles/ guidance to reasonable adjustments to help universal services
* Develop a system wide approach to identifying and supporting parent carers
 | * Training developed for professionals to understand autism
* Employment awareness with employers co-produced with families
* Develop good practice model with Department of Works and Pensions
* Identify a focus group of parent carers to inform and shape the pathway
* Develop a draft parent carer assessment to identify their caring responsibilities and determine the impact of these.
* Develop an assessment and support pathway to meet the needs of parent carers.
* Develop two training modules for North Tyneside Council's Leaning Pool: module one parent carer awareness; module two undertaking parent carer assessments
 |  | * Develop best practice guide for commissioning services for people with Autism only
 | * Explore Inclusion of short breaks for young people with Autism
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| **Being listened to** | * Jo Gilliland, WLD Team
 | * Co-production with young people and adults, their carers, and families in developing the Autism Strategy
* Expand on the role of the “Autism Steering group” to include young people
* Partitioners listening to autistic people and their families to understand the barriers and hearing their voice.
 | * Integrated Multi-Disciplinary Team approach to care planning – “tell it once”
* Review any skills gaps with providers linked to support to individuals with autism
* Work with Autism providers to upskill their workforce
 |  | * Review Autism data collection systems across partners
 | * Key worker allocated in health to provide advice and guidance
* Autism Steering Group review of delivery
* Helping people understand Autism (National Autism Strategy)
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| **Inclusive communities** | * Jo Gilliland, WLD Team
 | * Extend the digital offer
* Understand and refresh the universal offer from all schools in relation to ASD and SLCN
* Develop a pilot approach to enhancing the ways in which all schools can support children and young people with ASD including senior leaders in school to take the role of ‘champion’
* Co-produce with Autistic People and their families and carers what they would want to see in an Autism Friendly borough and agree a 4-year plan of action
 | * Introduce a wellbeing passport for people with Autism
* Roll out of training/enhancement of schools’ local offers (TBC)
* Review and impact of measures in pilot schools
* Identify ‘centres of inclusion’ to support embedding.
* Autism Friendly brough – training for front line council staff on autism
* Use of Local Offer to publish and access Autism Friendly borough events
 | * Develop a Year 9 pathway with young people with Autism to assist with transition to adulthood
* Roll out of training/enhancement of school’s local offers (TBC)
* Review and impact of measures in previous schools
* Identify ‘centres of inclusion’ to support embedding.
* Develop an autism friendly brough – Autism Friendly awards for services
* Publish these services on the Local Offer and Council web pages
 | * Explore funding opportunities for the community offer, to stay safe, engage
* Devise next steps based on impact of training/enhancements
* Use ‘centres of inclusion’ to support embedding of practice and to support next steps
* Develop an Autism Friendly Brough – Autism Friendly accreditation for supporting shops and services
 | * Use “centres of inclusion” to support and challenge work and practice
* Evaluate the impact of an Autism Friendly Borough
* Making health and care services equal of autistic people (National Autism Strategy)
* Helping autistic children and young people at school (National Autism Strategy)
* Making sure Autistic people get help in their communities (National Autism Strategy)
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| **Support through life changes** | * Claire Scarlett, Sue Wood, Jo Gilliland, WLD Team
 | * Engage with Autism providers
* Options being considered to provided “targeted support” from Peers or Buddies or from Care services to support life changes
* Improve pathways of care from hospital discharge and placement planning for people with an autism only diagnosis
* Ensuring autistic people are flagged on health systems with the appropriate reasonable adjustments recorded, enabling better proactive health care
 | * Learning from LeDeR – Mortality of people with Autism
* Training workforce so they can better support during acute illness and long-term conditions (and reduce premature mortality which will be informed by the mortality review programme.
 | * Reduce over medication for children and adults with Autism (STOMP/STAMP)
* Support from advocates
* All Autistic residents in North Tyneside have an allocated health key worker
 | * Helping Autistic People to find jobs and get the skills and training they need (National Autism Strategy)
* Explore extending option of Shared Lives for people with Autism
* Help with transitions in relation to older people to age well

  | * Develop community housing and care for autistic adults and children moving from long stay hospital
* Extending the offer of Annual Health Checks to Autistic People (National Autism Strategy)
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